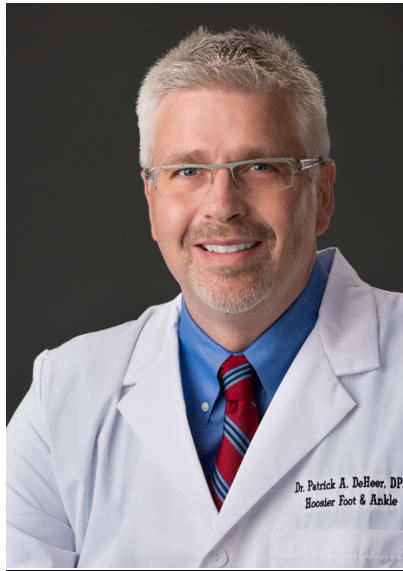


**Patrick A. DeHeer, D.P.M**



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[padeheer@gmail.com](mailto:padeheer@gmail.com)  
[padeheer@apma.org](mailto:padeheer@apma.org)

Website:

<http://hoosierfootandankle.com>  
<http://stepbystephaiti.org>

Blogs:

<http://footcareinformationcenter.blogspot.com/>  
<http://www.podiatrytoday.com/blog/289>

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## EDUCATION

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- **Fellowship Foot & Ankle Arthroscopy – Richard O. Lundeen, DPM 1991 – 1992**
  - 3202 N. Meridian St.
  - Indianapolis, IN 46208
  
- **Winona Memorial Hospital (Midwest Medical Center), Indianapolis, Indiana - 1990 - 1991**
  - Podiatric Surgical Residency – PSR -12
  - 3202 N. Meridian St.
  - Indianapolis, IN 46208
  
- **Dr. William M. Scholl College of Podiatric Medicine, Chicago, Illinois - 1986 - 1990**
  - Doctor of Podiatric Medicine
  - Bachelor of Science in Biological Sciences
    - Honors Graduate
    - Magna cum Laude
    - Dean’s List 1986-1990
    - Durlacher Honor Society
  
- **Indiana University, Bloomington, Indiana - 1983 - 1986**
  - Biology and Chemistry Major
  
- **Ben Davis High School, Indianapolis, Indiana - 1981 - 1983**

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## NON-PROFIT FOUNDATION

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- **Founder/President of Wound Care Haiti - 2009 to 2014**
  - Non-profit organization dedicated to establishing wound healing centers in Haiti to save limbs and lives – 501c3 organization
  
- **Founder/President Step By Step Haiti – 2014 to present (name officially changed from Wound Care Haiti in 2014)**
  - Non-profit organization dedicated to developing comprehensive diabetic foot care centers in Haiti to prevent amputations thereby saving lives – 501c3 organization

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## INVENTIONS/COMPANIES

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- EQ/IQ Equinus Brace – Patented
  - IQ Med - Owner
- IQ Med – Principal Owner
- Checkmate 2 1<sup>st</sup> MPJ Arthrodesis Plate
  - Arthrosurface – Royalty Agreement
- Flower Orthopedics
  - Consultant
- Sycamore Surgery Center – Partner
  - CEO
- Columbus Specialty Surgery Center - Partner

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## EMPLOYMENT

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- Doctor of Podiatric Medicine and Owner - Hoosier Foot & Ankle, LLC – 2003 to present
  - Offices:
    - Carmel
      - 11725 Illinois St.
      - Suite 545
      - Carmel, IN 46032
      - 317-580-1586
    - Columbus
      - 2545 Fox Pointe Dr. Suite E
      - Columbus, IN 47203
      - 812-378-3668
    - Greenwood
      - 1777 Stones Crossing Road
      - Greenwood, IN 46134
      - 800-615-1363

- Franklin
  - 1159 W. Jefferson Street
  - Suite 204
  - Franklin, IN 46131
  - 317-346-7722
  
- Johnson Memorial Hospital Wound Healing Center
  - 1159 W. Jefferson Street
  - Suite 307
  - Franklin, IN 46131
  - 317-346-2700
  
- Westside
  - 7412 Rockville Road
  - Indianapolis, IN 46214
  - 317-346-7722
  
- Doctor of Podiatric Medicine/Partner, Circle City Medical Group - 2000 to 2003
  
- Doctor of Podiatric Medicine, Tenet Physician Services - 1994 to 2000
  
- Doctor of Podiatric Medicine, Achilles Podiatry Group - 1992 to 1994

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### **BOARD CERTIFICATION**

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- **Diplomat, American Board of Foot and Ankle Surgery (ABFAS)**
  - Foot Surgery - 1994
  - Reconstructive Foot and Ankle Surgery – 1996
  - Foot Recertification – 2003
  - Foot Recertification - 2013
  - Reconstructive Foot and Ankle Recertification – 2005
  - Reconstructive Foot and Ankle Recertification - 2015

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### **STATE LICENSE**

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- Indiana - 1991 to present
- Illinois - 1990 (Inactive)

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### **PROFESSIONAL AWARDS**

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- Meritorious Service Award from the Indiana Podiatric Medical Association – 2000
- Meritorious Service Award from the Indiana Podiatric Medical Association – 2004
- Humanitarian of the Year 2011 American Podiatric Medical Association - 2011
- T.H. Clarke Achievement Award Indiana Podiatric Medical Association – 2011
- Humanitarian of the Year 2014 International Federation of Podiatrists - 2014

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### **PROFESSIONAL MEMBERSHIPS**

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- American College of Foot and Ankle Surgeons (ACFAS) - Fellow
- American Podiatric Medical Association (APMA)
- Indiana Podiatric Medical Association (IPMA)
- American Academy of Podiatric Sports Medicine (AAPSM)
- American Academy of Podiatric Practice Management (AAPPM)
- American Society of Podiatric Surgeons (ASPS) - Fellow
- American College of Foot and Ankle Pediatrics (ACFAP) - Fellow
- American Public Health Association (APHA)

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### **PROFESSIONAL ACTIVITIES**

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- Podiatric Consultant - Indiana Pacers, 1993 to present
- Podiatric Consultant - Indiana Fever, 2002 to present
- Podiatric Consultant - Butler University, 1993-1995
- Blogger for Podiatry Today – 2009 to present
- Board of Directors – Wound Care Department, Bernard Mevs Hospital Project  
Medishare, Port-au-Prince, Haiti – 2012 to present
- Board of Editorial Advisors, Podiatry Today, 1988 to present
- Midwest Podiatry Board Review Course Chair, 2006 to 2007
- Indiana Podiatric Medical Association-
  - Chairperson of Continuing Education Committee- 1999 to present
  - CO-Chair of Continuing Education Committee- 1998
  - Member Continuing Education Committee- 1997
  - South Trustee – 2008
  - Secretary/Treasurer – 2009
  - Vice President – 2010
  - President Elect – 2011
  - President – 2012
  - President – 2013
  - Immediate Past President - 2014
- Panel Member for Pfizer Advisory Panel - New York, NY- 1997
- American Podiatric Medical Association House of Delegates 2011 – Alternate
- American Podiatric Medical Association House of Delegates 2012 - Delegate

- American Podiatric Medical Association House of Delegates 2013 – Delegate
- American Podiatric Medical Association House of Delegates 2014 – Delegate
- American Podiatric Medical Association House of Delegates 2015 - Delegate
- American Podiatric Medical Association – Legislative Committee Member 2013
- American Society of Podiatric Surgery – Board Member 2013 to 2015
- American Podiatric Medical Association – Political Action Committee Board Member 2013 to 2015
- Guest Editor Clinics In Podiatric Medicine And Surgery – Pediatric Deformities, October 2013
- American Podiatric Medical Association – Resolutions Committee Member 2014
- American Podiatric Medical Association – Finance Committee Member 2014
- American Podiatric Medical Association – Clinical Practice Advisory Committee 2014
- Guest Editor Foot & Ankle Quarterly - Clubfoot Summer Issue 2014
- American Society of Podiatric Surgeons – Vice Chair, Board Member 2014
- American College of Foot and Ankle Pediatrics – Board Member, Secretary 2014
- American Podiatric Medical Association – Board of Trustees, Trustee 2015
- American Podiatric Medical Association – Membership Committee 2015
- American Podiatric Medical Association – Clinical Practice Advisory Committee 2015
- Clinical Instructor (Adjunct Track) Department of Podiatric Medicine and Radiology  
Rosalind Franklin University of Medicine and Science – 2015 and 2016
- American Podiatric Medical Association – Board of Trustees, Trustee 2016

- American Podiatric Medical Association – Legislative Committee, Chair 2016
- American Podiatric Medical Association – Clinical Practice Advisory Committee, Board of Trustees Liaison 2016
- American Podiatric Medical Association – Political Action Committee, Board of Trustees Liaison 2016

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### **HOSPITAL APPOINTMENTS**

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- IU Health North Hospital- Carmel, IN
- Community South Hospital- Indianapolis, IN
- Johnson County Hospital- Franklin, IN
- IU Health Methodist Hospital- Indianapolis, IN
- St. Francis Hospital- Beech Grove, IN
- St. Vincent's Hospital- Indianapolis, IN

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### **LECTURING EXPERIENCE**

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- Foot and Ankle Arthroscopy, Boca Raton, FL - 1994
- Foot and Ankle Arthroscopy, Miami, FL - 1994
- Oral Treatment of Onychomycosis, Indianapolis, IN - 1998
- Internal Fixation for Foot and Ankle Surgery, IPMA Fall Convention, Indianapolis, IN- 1998
- Case Presentations and Panel Moderator, IPMA Fall Convention, Indianapolis, IN - 1988
- Internal Fixation Workshop, IPMA Two-Day Seminar, Indianapolis, IN - 1999



- Oral Treatment of Onychomycosis, Noblesville, IN - 2000
- Oral Treatment of Onychomycosis, Indianapolis, IN - 2000
- Pediatric Pes Cavus, IPMA Fall Convention, Indianapolis, IN - 2000
- Baxter's Nerve, IPMA Fall Convention, Indianapolis, IN - 2000
- Ankle Valgus, IPMA Fall Convention, Indianapolis, IN - 2000
- Fractured "Z" Bunionectomy, IPMA Fall Convention, Indianapolis, IN - 2000
- Navicular-Cuneiform Arthrodesis, IPMA Fall Convention, Indianapolis, IN - 2000
- Oral Treatment of Onychomycosis, Indianapolis, IN -2001
- Internal Fixation Workshop, IPMA Two-Day Seminar, Indianapolis, IN - 2001
- Plantar Approach for Neuroma Surgery, IPMA Two-Day Seminar, Indianapolis, IN-2001
- 1st MPJ Arthrodesis, IPMA Two-Day Seminar, Indianapolis, IN - 2001
- Why I Hate 1st MPJ Implants, IPMA Two-Day Seminar, Indianapolis, and IN - 2001
- Adductor Tendon Transfer for HAV Surgery, IPMA Two-Day Seminar, Indianapolis, IN - 2001
- Common Midfoot and Rearfoot Surgical Procedures, Midwest Board Review Course, Chicago, IL - 2001
- Triple Arthrodesis, IPMA Fall Convention, Indianapolis, IN - 2001
- 1st MPJ Arthrodesis, IPMA Fall Convention, Indianapolis, IN - 2001
- Common Midfoot and Rearfoot Surgical Procedures, Midwest Board Review Course, Chicago, IL – 2003
- Hallux Interphalangeus and 1<sup>st</sup> MPJ Arthrodesis, IPMA Fall Convention, Indianapolis, IN – 2003
- The Under Corrected, Overcorrected and Neglected Clubfoot, IPMA Fall Convention, Indianapolis, IN – 2003
- Lapidus Arthrodesis, Orthofix Seminar, Columbus, OH – 2003

- Common Midfoot and Rearfoot Surgical Procedures, Midwest Board Review Course, Chicago, IL – 2004
- Onychomycosis – The Need to Treat and Treatment Options, Indianapolis, IN – 2004
- Onychomycosis – The Need to Treat, Carmel, IN – 2004
- Onychomycosis – Overview, Need to Treat and Treatment Options, Greenwood, IN – 2004
- The Cross-Over 2<sup>nd</sup> Digit, IPMA Fall Convention, Indianapolis, IN – 2004
- Revisiting the Akin, IPMA Fall Convention, Indianapolis, IN – 2004
- The Haitian Clubfoot Project, IPMA Fall Convention, Indianapolis, IN -2004
- Onychomycosis - The Need to Treat and Treatment Options, Springfield, IL – 2004
- Brachymetatarsal Lengthening with External Fixation – Orthofix External Fixation Course, Faculty Member, Boca Raton, FL- 2004
- Haitian Clubfoot Project, Rivne and Vinnystia, Ukraine - 2005
- The Undercorrected, Overcorrected and Neglected Clubfoot, Rivne and Vinnystia, Ukraine - 2005
- Common Midfoot and Rearfoot Surgical Procedures, Midwest Podiatry Conference, Chicago, IL – 2005
- The Haitian Clubfoot Project, Erbil, Iraq – 2005
- The Undercorrected, Overcorrected and Neglected Clubfoot, Erbil, Iraq - 2005
- Pediatric Flexible Flatfoot Deformity, IPMA Fall Convention, Indianapolis, IN – 2005
- Introduction to Podiatric Surgical Board Review Course, Midwest Podiatry Conference, Chicago, IL – 2006
- The Ponseti Method of Clubfoot Treatment, Midwest Podiatry Conference, Chicago, IL – 2006
- Common Midfoot and Rearfoot Surgical Procedures, Midwest Podiatry Conference, Chicago, IL – 2006
- Forefoot Surgical Panel – IPMA Fall Convention, Indianapolis, IN – 2006
- Rearfoot Surgical Panel – IPMA Fall Convention, Indianapolis, IN – 2006

- Introduction to Podiatric Surgical Board Review Course, Midwest Podiatry Conference, Chicago, IL – 2007
- Common Midfoot and Rearfoot Surgical Procedures, Midwest Podiatry Conference, Chicago, IL – 2007
- The Ponseti Method of Clubfoot Correction Lecture and Workshop, Chicago Lower Extremity Symposium, Chicago, IL – 2007
- Pirani Scoring Method for Ponseti Method, CURE International Meeting, Port-au-Prince, Haiti – 2007
- Post-Cast Bracing in the Ponseti Method, CURE International Meeting, Port-au-Prince, Haiti – 2007
- The Ponseti Method of Clubfoot Correction, The Haitian Results – Deschappelles, Haiti – 2008
- The Pediatric Flatfoot – IPMA Fall Convention, Indianapolis, IN – 2008
- Talar Osteotomy for Clubfoot Deformity – IPMA Fall Convention, Indianapolis, IN – 2008
- Locking Plates for 1<sup>st</sup> MPJ Fusions – IPMA Fall Convention, Indianapolis, IN – 2008
- The Ponseti Method of Clubfoot Correction – Cange, Haiti, CURE International – 2009
- Congenital Clubfoot Deformity – Port Au Prince, Haiti, CURE International - 2009.
- Locking Plates for 1<sup>st</sup> MPJ Fusions – APMA National Meeting, Toronto, Canada – 2009.
- Treatment of Flexible Flatfoot Deformity – APMA National Meeting, Toronto, Canada – 2009.
- Congenital Clubfoot Deformity – APMA National Meeting, Toronto, Canada – 2009.
- Medical Mission Trips – APMA National Meeting, Toronto, Canada - 2009.
- PQRI Measures – IPMA Fall Convention, Indianapolis, IN – 2009.
- Digital Marketing – IPMA Fall Convention, Indianapolis, IN – 2009.
- Haitian Clubfoot Treatment Program – Bone and Joint Decade, International Clubfoot Symposium, Washington DC – 2009.

- World Diabetes Day (18 hours of lectures – week-long conference) – Fhadimac, Port-au-Prince, Haiti – 2009
  - Diabetic Foot Ulcers
  - Diabetic Foot Infections
  - Fundamentals of Wound Care
  - Total Contact Casting Workshop
  - Pressure Ulcers
  - Common Skin and Nail Conditions
  - Common Foot and Ankle Problems
  - Shoes and Insoles for at Risk Diabetic Patients
  - Football Dressing Workshops
  - Active Treatment Modalities for Chronic Ulcers
  - Peripheral Arterial Disease
  - Wound Dressings and Product Selection
  - Functional Lower Extremity Amputations
  - Cost-Effective Wound Healing Strategies
  - Bunions and Hammer Toes
  - Skin Grafts and Flaps
- Congenital Clubfoot Deformity – Temple Podiatric Medical School, Philadelphia, PA – 2010.
- Medical Mission Trips – Temple Podiatric Medical School, Philadelphia, PA – 2010.
- Advances in Hammer Toe Surgery – Michigan Podiatric Medical Association, Detroit, MI – 2010.
- Locking Plates for 1<sup>st</sup> MPJ Fusions – Michigan Podiatric Medical Association, Detroit, MI – 2010.
- Medical Mission Trips – Michigan Podiatric Medical Association, Detroit, MI – 2010.

- Distal 1<sup>st</sup> Metatarsal Osteotomies – American Podiatric Medical Association National Meeting, Seattle, WA – 2010.
- Advanced Fixation Techniques for Lapidus – American Podiatric Medical Association National Meeting, Seattle, WA – 2010.
- Ankle Arthroscopy Lecture and Workshop – American Podiatric Medical Association National Meeting, Seattle, WA – 2010.
- Skewfoot Deformity – American Podiatric Medical Association National Meeting, Seattle, WA – 2010.
- Osteochondral Defects – American Podiatric Medical Association National Meeting, Seattle, WA – 2010.
- Advances in Hammer Toe Surgery – Indiana Podiatric Medical Association, Indianapolis, IN – 2010
- Advanced Fixation Techniques for Lapidus – Indiana Podiatric Medical Association, Indianapolis, IN – 2010.
- Basketball Injuries of the Foot & Ankle – Indiana Podiatric Medical Association, Indianapolis, IN – 2010.
- Podiatric Surgeries – Indiana Podiatric Medical Association, Indianapolis, IN – 2010.
- Advances in Hammer Toe Surgery and Workshop – Midwest Podiatry Conference, Chicago, IL – 2011.
- Equinus Management – American Podiatric Medical Association National Meeting, Boston, MA – 2011.
- Baxter's Nerve Surgery - American Podiatric Medical Association National Meeting, Boston, MA – 2011.
- Osteochondral Defects – American Podiatric Medical Association National Meeting, Boston, MA – 2011.
- Synthes Mobile Lab – Instructor and Lecturer, Indianapolis, IN – 2011.
- Ankle Arthroscopy Lecture and Workshop – American Podiatric Medical Association National Meeting, Boston, MA – 2011.
- Equinus Management – Illinois Podiatric Medical Association State Meeting, Lisle, IL – 2011.

- Management of Mild to Moderate Equinus Deformity – Chicago Lower Extremity Surgical Symposium, Rosemont, IL – 2011.
- Diabetes and Equinus – 2011 Quickie Seminar by Midwest Podiatry Academy, Belterra Hotel & Casino, IN – 2011.
- Advanced Biologics in Wound Healing - 2011 Quickie Seminar by Midwest Podiatry Academy, Belterra Hotel & Casino, IN – 2011.
- Synthes Mobile Lab – Instructor and Lecturer, Sacramento, CA – 2011.
- Equinus and the Diabetic Patient – Save a live, Save a limb foundation, Orlando, FL – 2011.
- Peripheral vascular disease and its relationship between cardiac disease morbidity and mortality – Save a Live, Save a limb foundation, Orlando, FL. – 2011.
- Equinus Management – Grand Rounds Clinical Institute Humanitas, Milan, Italy, - 2011.
- Top 10 Foot & Ankle Conditions – Indiana Osteopathic Medical Association, Indianapolis, IN – 2011.
- Equinus Management - Georgia State Podiatric Medical Association, Atlanta, GA – 2012.
- 1<sup>st</sup> MPJ Arthrodesis with Locking Plates - Georgia State Podiatric Medical Association, Atlanta, GA – 2012.
- Baxter's Neuritis - Georgia State Podiatric Medical Association, Atlanta, GA – 2012.
- Advanced Biologics for Wound Care – Supersaver Seminar, Cleveland, OH – 2012.
- Neglected and Under Corrected Clubfoot – Grant Medical Foot & Ankle Seminar, Columbus, OH – 2012.
- Equinus Management - Grant Medical Foot & Ankle Seminar, Columbus, OH – 2012.
- Diabetic Foot Exam – Indiana Osteopathic Medical Association, Indianapolis, IN – 2012.
- Ankle Arthroscopy Lecture and Workshop – American Podiatric Medical Association National Meeting, Washington, DC – 2012.
- Sever's Disease: Keeping Kids in The Game - American Podiatric Medical Association National Meeting, Washington, DC – 2012.

- Sever's Disease: Keeping Kids in The Game – Illinois Podiatric Medical Association Annual Meeting, Bloomingdale, IL – 2012.
- Neglected and Under Corrected - Illinois Podiatric Medical Association Annual Meeting, Bloomingdale, IL – 2012.
- Baxter's Neuritis - Illinois Podiatric Medical Association Annual Meeting, Bloomingdale, IL – 2012.
- 1<sup>st</sup> MPJ Arthrodesis with Locking Plates - Illinois Podiatric Medical Association Annual Meeting, Bloomingdale, IL – 2012.
- Sever's Disease: Keeping Kids in The Game - Indiana Podiatric Medical Association, Indianapolis, IN – 2012.
- Baxter's Neuritis - Indiana Podiatric Medical Association, Indianapolis, IN – 2012.
- Neglected and Under Corrected - Indiana Podiatric Medical Association, Indianapolis, IN – 2012.
- Plantar Fasciitis: A Logical Approach - Indiana Podiatric Medical Association, Indianapolis, IN – 2012.
- Haiti: Earthquake and After - Indiana Podiatric Medical Association, Indianapolis, IN – 2012.
- Synthes Mobile Lab – Instructor and Lecturer - Indiana Podiatric Medical Association, Indianapolis, IN – 2012.
- Locking Plate Technology in Foot & Ankle Surgery - Indiana Podiatric Medical Association, Indianapolis, IN – 2012.
- Neglected and Under Corrected – New York Podiatric Medical Association, New York, NY – 2013.
- Step-by-Step Haiti – A global diabetic foot initiative – Michigan Podiatric Medical Association, Detroit, MI – 2013.
- Foot Surgery – Midwest Podiatry Conference, Chicago, IL -2013.
- European Wound Management Association – The Role of Podiatry in the Developing World, Copenhagen, Denmark – 2013.
- Lymphedema and Wound Healing – APMA National Meeting, Las Vegas, NV – 2013.
- What Pediatric Sports Medicine Injuries Tell Us About Preventative Care – APMA National Meeting, Las Vegas, NV – 2013.

- Lymphedema and Wound Healing – Indiana Podiatric Medical Association, Indianapolis, IN – 2013.
- What Pediatric Sports Medicine Injuries Tell Us About Preventative Care – Indiana Podiatric Medical Association, Indianapolis, IN – 2013.
- Amniox – Indiana Podiatric Medical Association, Indianapolis, IN – 2013.
- Emerging Techniques in Bone Grafting for Foot & Ankle Surgery – Indiana Podiatric Medical Association, Indianapolis, IN – 2013.
- Pedal Frostbite – Evaluation & Management – Indiana Podiatric Medical Association, Indianapolis, IN – 2013.
- The Diabetic Foot - The Unique Role for Podiatry in the Developing World – American Public Health Association, Boston, MA – 2013.
- Practical Podiatric Applications of Amniotic Membrane – Amniox Meeting, Miami, FL – 2014.
- Equinus – The Basics – The Academy Annual Meeting of Orthotists and Prosthetists, Chicago, IL – 2014.
- Equinus – Biomechanics - The Academy Annual Meeting of Orthotists and Prosthetists, Chicago, IL – 2014.
- Equinus – Non-Surgical Treatment - The Academy Annual Meeting of Orthotists and Prosthetists, Chicago, IL – 2014.
- What Pediatric Sports Medicine Injuries Tell Us About Preventative Care – Ohio Foot & Ankle Medical Association, Columbus, OH – 2014.
- Equinus – In the Athlete - Ohio Foot & Ankle Medical Association, Columbus, OH – 2014.
- Podiatry's Role in Basketball - Ohio Foot & Ankle Medical Association, Columbus, OH – 2014.
- Practical Podiatric Applications of Amniotic Membrane – Amniox Meeting, Las Vegas, NV – 2014.
- Tarsal Tunnel Release and the role of Amniotic Membrane - Amniox Meeting, Las Vegas, NV – 2014.
- Tarsal Tunnel Release and the role of Amniotic Membrane - Amniox Meeting, Miami, FL – 2014.



- Morton's Neuroma – Amnioc Meeting, Miami, FL 2014.
- Baxter's Neuritis – Amnioc Meeting, Miami, FL 2014.
- Surgical Treatment of Equinus Deformity – Amnioc Meeting, Miami, FL 2014.
- Surgical Treatment of Equinus Deformity – American Society of Podiatric Surgeons National Meeting, Pittsburgh, PA 2014.
- 1<sup>st</sup> MCJ Arthrodesis - American Society of Podiatric Surgeons National Meeting, Pittsburgh, PA 2014.
- Early Stage Posterior Tibial Tendon Dysfunction - American Society of Podiatric Surgeons National Meeting, Pittsburgh, PA 2014.
- Practical Podiatric Applications of Amniotic Membrane - American Society of Podiatric Surgeons National Meeting, Pittsburgh, PA 2014.
- 1<sup>st</sup> MPJ Arthrodesis Concepts and Applications – Arthroscopic Foot & Ankle Conference, Dallas, TX 2014.
- Practical Podiatric Applications of Amniotic Membrane – 2014 Quickie Seminar Midwest Podiatry Academy, Dayton, OH 2014.
- 1<sup>st</sup> MCJ Arthrodesis - 2014 Quickie Seminar Midwest Podiatry Academy, Dayton, OH 2014.
- Surgical Treatment of Equinus Deformity – 2014 Quickie Seminar Midwest Podiatry Academy, Dayton, OH 2014.
- Practical Podiatric Applications of Amniotic Membrane – Amnioc Meeting, Evansville, IN 2014.
- 1<sup>st</sup> MCJ Arthrodesis – Indiana Podiatric Medical Association, Indianapolis, IN – 2014.
- 1<sup>st</sup> MPJ Arthrodesis Concepts and Applications - Indiana Podiatric Medical Association, Indianapolis, IN – 2014.
- Early Stage Posterior Tibial Tendon Dysfunction - Indiana Podiatric Medical Association, Indianapolis, IN – 2014.
- Surgical Treatment of Equinus Deformity - Indiana Podiatric Medical Association, Indianapolis, IN – 2014.
- Morton's Neuroma - Indiana Podiatric Medical Association, Indianapolis, IN – 2014.

- Tarsal Tunnel Release and the role of Amniotic Membrane - Indiana Podiatric Medical Association, Indianapolis, IN – 2014.
- Obesity and Plantar Fasciitis – American Public Health Association Podiatry Section, New Orleans, LA – 2014.
- Quality of Life in Sever’s Disease - American Public Health Association Podiatry Section, New Orleans, LA – 2014.
- Surgical Treatment of Equinus Deformity – AmnioX Meeting, Miami, FL 2015.
- Baxter’s Neuritis – AmnioX Meeting, Miami, FL 2015.
- Morton’s Neuroma – AmnioX Meeting, Miami, FL 2015.
- The Use of Amniotic Membrane in Complex Foot Wounds – AmnioX Meeting, Miami, FL 2015.
- Tarsal Tunnel Release and the role of Amniotic Membrane - Florida Podiatric Medical Association, Orlando, FL – 2015.
- Surgical Treatment of Equinus Deformity - Florida Podiatric Medical Association, Orlando, FL – 2015.
- 1<sup>st</sup> MPJ Arthrodesis Concepts and Applications - Florida Podiatric Medical Association, Orlando, FL – 2015.
- 1<sup>st</sup> MCJ Arthrodesis – Florida Podiatric Medical Association, Orlando, FL – 2015.
- Early Stage Posterior Tibial Tendon Dysfunction - Florida Podiatric Medical Association, Orlando, FL – 2015.
- Equinus – In the Athlete – New Mexico Podiatric Medical Association, Albuquerque, NM – 2015.
- Surgical Treatment of Equinus Deformity - New Mexico Podiatric Medical Association, Albuquerque, NM – 2015.
- Lesser MPJ Predislocation Syndrome: What to Do? - New Mexico Podiatric Medical Association, Albuquerque, NM – 2015.
- Surgical Treatment of Equinus Deformity - Michigan Podiatric Medical Association, Detroit, MI – 2015
- Equinus – In the Athlete - Michigan Podiatric Medical Association, Detroit, MI – 2015.

- Early Stage Posterior Tibial Tendon Dysfunction - Michigan Podiatric Medical Association, Detroit, MI – 2015.
- 1<sup>st</sup> MCJ Arthrodesis - Michigan Podiatric Medical Association, Detroit, MI – 2015.
- 1<sup>st</sup> MPJ Arthrodesis Concepts and Applications - Michigan Podiatric Medical Association, Detroit, MI – 2015.
- Morton's Neuroma - Michigan Podiatric Medical Association, Detroit, MI – 2015.
- Tarsal Tunnel Release and the role of Amniotic Membrane - Michigan Podiatric Medical Association, Detroit, MI – 2015.
- The Role of Podiatry in the Developing World - Michigan Podiatric Medical Association, Detroit, MI – 2015.
- Surgical Treatment of Equinus Deformity – American College of Foot and Ankle Pediatrics, Miami, FL – 2015.
- Congenital Clubfoot Deformity - American College of Foot and Ankle Pediatrics, Miami, FL – 2015.
- Surgical Treatment of Equinus Deformity - Mid-Eastern Academy of the Ohio Foot and Ankle Medical Association, Akron, OH – 2015.
- 1<sup>st</sup> MPJ Arthrodesis Concepts and Applications - Mid-Eastern Academy of the Ohio Foot and Ankle Medical Association, Akron, OH – 2015.
- 1<sup>st</sup> MCJ Arthrodesis - Mid-Eastern Academy of the Ohio Foot and Ankle Medical Association, Akron, OH – 2015.
- Morton's Neuroma – 66<sup>th</sup> Region Three Scientific Meeting, Atlantic City, NJ – 2015.
- 1<sup>st</sup> MPJ Arthrodesis Concepts and Applications - 66<sup>th</sup> Region Three Scientific Meeting, Atlantic City, NJ – 2015.
- 1<sup>st</sup> MCJ Arthrodesis - 66<sup>th</sup> Region Three Scientific Meeting, Atlantic City, NJ – 2015.
- Practical Podiatric Applications of Amniotic Membrane - 66<sup>th</sup> Region Three Scientific Meeting, Atlantic City, NJ – 2015.
- American College of Foot and Ankle Pediatrics Small Group Discussion Equinus – American Podiatric Medical Association National Scientific Meeting, Orlando, FL – 2015.
- Equinus – The Basics - American Podiatric Medical Association National Scientific Meeting, Orlando, FL – 2015.

- Equinus – Biomechanics - American Podiatric Medical Association National Scientific Meeting, Orlando, FL – 2015.
- Equinus – Non-Surgical Treatment - American Podiatric Medical Association National Scientific Meeting, Orlando, FL – 2015.
- Practical Podiatric Applications of Amniotic Membrane – AmnioX Meeting, Key Biscayne, FL – 2015.
- Equinus – Non-Surgical Treatment – Toes In The Sand, Boca Raton, FL – 2015.
- Surgical Treatment of Equinus Deformity – Toes In The Sand, Boca Raton, FL– 2015.
- Techniques for Autograft Harvest – American Society of Podiatric Surgeons, Baltimore, MD – 2015.
- Locations for Autograft Harvest – American Society of Podiatric Surgeons, Baltimore, MD – 2015.
- Surgical Treatment of Equinus Deformity – American Society of Podiatric Surgeons, Baltimore, MD – 2015.
- Proper Radiographic and Clinical Work-Up for PTTD – American Society of Podiatric Surgeons, Baltimore, MD – 2015.
- Addressing the Medial Column for PTTD – American Society of Podiatric Surgeons, Baltimore, MD – 2015.
- Addressing Heel Valgus for PTTD – American Society of Podiatric Surgeons, Baltimore, MD – 2015.
- Addressing the Deltoid for PTTD – American Society of Podiatric Surgeons, Baltimore, MD – 2015.
- 1<sup>st</sup> MCJ Arthrodesis – APMA Young Physician Institute Cadaver Workshop, Nashville, TN 2015.
- Local, State and National: Where to start and how to move through the ranks – APMA Young Physician Institute, Nashville, TN 2015.
- Please Stop Cutting the Plantar Fascia – Indiana Podiatric Medical Association, Indianapolis, IN – 2015.
- Non-Surgical Management of Equinus – Indiana Podiatric Medical Association, Indianapolis, IN – 2015.

- Surgical Management of Equinus – Indiana Podiatric Medical Association, Indianapolis, IN – 2015.
- Equinus Management for Better Orthotic Outcomes – American Association of Podiatric Practice Management, Nashville, TN – 2015.
- Please Stop Cutting the Plantar Fascia – American Association of Podiatric Practice Management, Nashville, TN – 2015.
- Surgical Management of Equinus – Goldfarb Clinical Conference, Valley Forge, PA – 2015.
- Please Stop Cutting the Plantar Fascia – Goldfarb Clinical Conference, Valley Forge, PA – 2015.
- Establishing Comprehensive Diabetic Limb Salvage Programs in Developing Countries – American Public Health Association Annual Meeting, Chicago, IL – 2015.
- Equinus Management for Better Orthotic Outcomes – Great Lakes Conference Michigan Podiatric Medical Association – Dearborn, MI – 2016.
- Please Stop Cutting the Plantar Fascia – Great Lakes Conference Michigan Podiatric Medical Association – Dearborn, MI – 2016.
- The Death of the Austin Bunionectomy – Great Lakes Conference Michigan Podiatric Medical Association – Dearborn, MI – 2016.
- ACFAS Podcast on Clubfoot – American College of Foot and Ankle Surgeons Annual Conference Meeting – Austin, TX – 2016.
- Equinus in the Pediatric Patient – American College of Foot and Ankle Pediatrics 2<sup>nd</sup> Annual Pediatric Foot & Ankle Seminar – Yosemite, CA – 2016.
- Proper Radiographic and Clinical Work-Up for PTTD – Michigan Podiatric Medical Association Northeast Division Clinical Conference – Traverse City, MI – 2016.
- Addressing the Medial Column for PTTD – Michigan Podiatric Medical Association Northeast Division Clinical Conference – Traverse City, MI – 2016.
- Addressing Heel Valgus for PTTD – Michigan Podiatric Medical Association Northeast Division Clinical Conference – Traverse City, MI – 2016.
- Addressing the Deltoid for PTTD – Michigan Podiatric Medical Association Northeast Division Clinical Conference – Traverse City, MI – 2016.

- Practical Podiatric Applications of Amniotic Membrane – AmnioX Meeting, Jacksonville, FL – 2016.
- Please Stop Cutting the Plantar Fascia – Kentucky Podiatric Medical Association, French Lick, IN – 2016.
- The Death of the Austin Bunionectomy – Kentucky Podiatric Medical Association, French Lick, IN – 2016.
- Equinus Management for Better Orthotic Outcomes – Kentucky Podiatric Medical Association, French Lick, IN – 2016.
- Equinus Management for Better Orthotic Outcomes – International Federation of Podiatrists World Congress, Montreal, Canada – 2016.
- Surgical Management of Equinus – International Federation of Podiatrists World Congress, Montreal, Canada – 2016.
- Equinus – The Basics – Dr. William M. Scholl College of Podiatric Medicine, Rosalind Franklin University of Medicine and Science (Research Class), North Chicago, IL – 2016.
- Equinus – Biomechanics – Dr. William M. Scholl College of Podiatric Medicine, Rosalind Franklin University of Medicine and Science (Biomechanics Class), North Chicago, IL – 2016.
- Introduction to Clinical Research – American Podiatric Medical Association National Scientific Meeting, Philadelphia, PA – 2016.
- Introduction to Biomechanics for Podiatric Medical Assistants – American Podiatric Medical Association National Scientific Meeting, Philadelphia, PA – 2016.
- Death of the Austin Bunionectomy – Paragon 28 Surgical Skills Course, Denver, CO – 2016.
- Practical Applications of Amniotic Membrane in Lower Extremity Surgery - Paragon 28 Surgical Skills Course, Denver, CO – 2016.
- Equinus Management for Better Patient Outcomes – Presence St. Joseph Hospital Lake Shore Drive Campus August CME Conference, Chicago, IL – 2016.
- Practical Applications of Amniotic Membrane in Lower Extremity Surgery – Virginia Podiatric Medical Association Annual Meeting, Virginia Beach, VA – 2016.
- Neuropathic Diabetic Foot Ulcers: An Evidence Based Approach – Virginia Podiatric Medical Association Annual Meeting, Virginia Beach, VA – 2016.

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## LECTURES AVAILABLE

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- **Why I Hate 1st MPJ Implants** - review of indications and contraindications for implant arthroplasty of the 1st MPJ, with case examples of appropriate usage. Detailed discussion on complications of 1st MPJ implants with extensive case examples. Conclusion on why implant usage should be limited. Estimated time 30 minutes.
- **Common Midfoot and Rearfoot Surgical Procedures** - board review type of lecture covering many topics including heel pain, tarsal tunnel, bony prominences and accessory ossicles. Estimated time 60 minutes.
- **Triple Arthrodesis** - a comprehensive overview with a historical look at this procedure as well as a literature review and a comprehensive technique guide. Several case studies are presented to show the good and bad of this procedure. Estimated time 60 minutes.
- **Hallux Interphalangeus and 1<sup>st</sup> MPJ Fusions** – examples of this difficult to correct deformity and its relation to fusion of the 1<sup>st</sup> MPJ. Estimated time 15 minutes.
- **The Under Corrected, Overcorrected and Neglected Clubfoot** – a look at clubfoot in the older patient with previous treatment or lack of treatment. Discussion of the treatment options for each of the above mentioned clubfoot deformities. Estimated time 30 minutes.
- **Revisiting the Akin** – a look at the Akin osteotomy including the history, indications and operative technique. Several examples are shown as well as intra-operative pictures and pre/post-operative x-rays. Estimated time 30 minutes.
- **The Haitian Clubfoot Project** – reviews the project using the Ponseti method of casting for clubfoot deformity and includes a complicated case showing the potential risk and complications with operating on a neglected clubfoot. Estimated time 30 minutes.
- **Brachymetatarsal Lengthening with External Fixation** - looks at the technique of lengthening metatarsals with external fixation, reviewing the standard operative and post-operative care with case examples. Estimated time 15 minutes.
- **Pediatric Flexible Flatfoot Deformity** – examination of the pediatric flatfoot deformity and the non-surgical and surgical treatment of the complex deformity.

Estimated time 45 minutes.

- **The Ponseti Method of Clubfoot Treatment** – looks at this innovative method with a video presentation of the technique, the post-casting bracing protocols. Estimated time 30 minutes.
- **Locking Plates for 1<sup>st</sup> MPJ Fusions** – looks at the biomechanics of locking plates, the history and indications, and specific use in 1<sup>st</sup> MPJ arthrodesis cases. Estimated time 45 minutes.
- **Medical Mission Trips** – is a general overview of my experience with medical missions with several tips on medical missions for podiatrists. Estimated time 30 minutes.
- **Diabetic Foot Infections** – lecture on management of diabetic foot infections including diagnosis, treatment and antibiotic management. Estimated time 45 minutes.
- **Functional Lower Extremity Amputations** – lecture on the various foot amputations with pearls on techniques, indications and post-operative management. Estimated time 45 minutes.
- **Congenital Clubfoot Deformity** – comprehensive lecture on clubfoot, types, etiologies, evaluation, grading and treatment with videos to demonstrate condition. Estimated time 45 minutes.
- **Advances in Hammer Toe Surgery** – lecture on the etiology, evaluation, types, non-surgical treatment, surgical treatment with advanced surgical procedures, and supporting videos of the procedure. Estimated time 20 minutes.
- **Distal 1<sup>st</sup> Metatarsal Osteotomies** – lecture on distal 1<sup>st</sup> MT osteotomies for hallux abducto valgus surgery, comparison of different procedures, literature review, personal technique, post-operative care. Estimated time 20 minutes.
- **Skewfoot** – lecture on the skewfoot with a comprehensive review of etiology, treatment, evaluation and classification of this deformity. Estimated time 20 minutes.
- **Ankle Arthroscopy** – lecture on the basics of ankle arthroscopy including instruments, anatomy, portals, technique and pathology. Estimated time 20 minutes.
- **Osteochondral Defects** – lecture on the arthroscopic treatment, evaluation and care of these lesions. Estimated time 20 minutes.



- **Baxter's Nerve** – lecture on definition, anatomy, and treatment of Baxter's Neuritis. Estimated time 20 minutes.
- **Top 10 Foot & Ankle Conditions** – lecture on the most commonly seen foot and ankle conditions seen in podiatry, geared towards primary care physicians. Estimated time 20 minutes.
- **Neglected and Under Corrected Clubfoot** – lecture discussing evaluation, non-surgical and surgical management of the neglected or under corrected clubfoot with a new surgical approach and study findings on the procedure. Estimated time 20 minutes.
- **Diabetic Foot Exam** – lecture on the importance of diabetic foot evaluation, the components of a diabetic foot exam and key preventative care. Estimated time 20 minutes.
- **Advanced Biologics for Wound Healing** – lecture on diabetic foot ulcers, the importance of monitoring progression of healing, and when to implement advanced biologics and well as techniques of advanced biologics. Estimated time 20 minutes.
- **Locking Plate Technology in Foot & Ankle Surgery** – lecture on the use of locking plates in foot and ankle surgery, the biomechanics, pathophysiology, and surgical technique. Estimated time 20 minutes.
- **Practical Approach to Plantar Fasciitis** – lecture on the 2-step approach to the treatment of plantar fasciitis, acute and initial treatment; followed by long-term treatment. The rationale for treatment approach is discussed in detail. Estimated time 20 minutes.
- **Step-By-Step Haiti - A Global Initiative** – lecture on the diabetic foot program at Hospital Bernard Mevs Project Medishare in Port-au-Prince, Haiti. Estimated time 20 minutes.
- **Lymphedema and Wound Healing** – lecture on the physiology of lymphedema and edema, and their relation to wound healing. Estimated time 20 minutes.
- **Pediatric Sports Medicine Injuries and What They Tell Us About Preventative Care** – lecture on common pediatric sports medicine injuries and the three "I"s of care for these injuries including preventative care. Estimated time 20 minutes.
- **Emerging Bone Grafting Techniques in Foot and Ankle Surgery** – lecture on bone grafting techniques used in foot and ankle surgery including advanced techniques like concentrated bone marrow aspirate. Estimated time 20 minutes.

- **Amniotic Membrane Practical Applications In Podiatric Medicine and Surgery** – lecture on amniotic membrane use for foot and ankle surgery, including the biology of amniotic membrane use and its role. Estimated time 20 minutes.
- **The Role of Podiatry in Developing Diabetic Foot Clinics in Developing Countries** – lecture on podiatry's role in developing diabetic foot clinics in developing countries with specific example of the Haitian program. Estimated time 20 minutes.
- **Equinus – The Basics.** Discusses the definition, evaluation, associated conditions, classification and literature review of these components of Equinus deformity. Estimated time 20 minutes.
- **Equinus – Biomechanics.** The complexities of the biomechanics of Equinus are discussed and used to help explain the role of Equinus in foot pathomechanics by reviewing the literature. Estimated time 20 minutes.
- **Equinus – Non-Surgical Treatment.** Review of the literature to discuss what is stretching with non-surgical treatment, how to stretch, the role of the subtalar joint in stretching, manual stretching vs. brace stretching and the use a new method for stretching. Estimated time 20 minutes.
- **Equinus – In the Athlete.** Review of the role of equinus in the athlete defining the condition, examining prevalence, examination of non-surgical treatment, and specifically the role of equinus in elite athletes. Estimated time 20 minutes.
- **Podiatry's Role in Basketball** – Reviews the data on elite basketball players injury rates and types of injuries that occur, then examines the role that podiatry can play in the preventative and post-incident care of this patient group. Estimated time 20 minutes.
- **Surgical Treatment of Equinus Deformity** – After attending this lecture, attendee should be able to:
  - Understand proper clinical examination for equinus deformity
  - Understand the definition of equinus
  - Understand the frequency of equinus and pathologies related to equinus
  - Describe the different surgical options for equinus
  - Understand the complications and outcomes of the various surgical options for equinus
  - Total estimated time 30 minutes.
- **Morton's Neuroma** – Examines the diagnosis, etiology, biomechanics, non-surgical and surgical treatment including a review of the literature and recommendations of treatment and overall care. Estimated time 20 minutes.

- **Tarsal Tunnel Syndrome and Release** – Examines the diagnosis, evaluation, and testing, non-surgical and surgical treatment of tarsal tunnel syndrome. Treatment recommendations and other considerations are provided as well as an extensive literature review. Estimated time 20 minutes.
- **1<sup>st</sup> MCJ Arthrodesis Concepts** – Examines the biomechanics and current concepts such as joint preparation, fixation, deformity correction and weight-bearing status post-operatively. Estimated time 20 minutes.
- **Early Stage Posterior Tibial Tendon Dysfunction Evaluation and Management** – Examines the biomechanics, classification, non-surgical and surgical management of this condition. The concepts of treatment are discussed in detail relating back to the biomechanics and classification for both surgical and non-surgical treatment. Estimated time 20 minutes.
- **1<sup>st</sup> MPJ Arthrodesis Concepts and Applications** – Examines the key concepts regarding 1<sup>st</sup> MPJ arthrodesis including positional changes of the 1<sup>st</sup> ray, gait changes, debridement philosophy, fixation examination, fusion position, procedure indications. Estimated time 20 minutes.
- **Obesity and Plantar Fasciitis** – Examines the obesity dilemma worldwide and the effects of obesity on the foot, common pathologies associated with obesity and specifically the role of obesity and plantar fasciitis. The treatment of plantar fasciitis and the obese patients are examined. Estimated time 20 minutes.
- **Complicated Wounds Treated With Neox Amniotic Membrane** – This lecture is a case presentation of complicated foot and ankle wounds treated with Amniox Neox Membrane. Estimated time 20 minutes.
- **Proper Radiographic and Clinical Work-Up for PTTD** – After attending this lecture, attendee should be able to:
  - Understand proper clinical examination components for PTTD
  - Understand proper radiological examination components for PTTD definition of equinus
  - Understand MRI findings for PTTD
  - Describe the staging of PTTD
  - Total estimated time 20 minutes.
- **Addressing the Medial Column for PTTD** – After attending this lecture, attendee should be able to:
  - Define the terminology for forefoot deformity
  - Understand the clinical and radiological examination for forefoot deformity in PTTD

- Understand 1<sup>st</sup> ray biomechanics
  - Understand the surgical decision making options for addressing forefoot deformity in PTTD
  - Describe the lack of a role for FDL in PTTD reconstruction
  - Total estimated time 20 minutes.
- **Addressing Heel Valgus for PTTD** – After attending this lecture, attendee should be able to:
    - Understand the operative trends for PTTD
    - Understand indications and operative positioning for the medial displacement calcaneal osteotomies
    - Understand indications and operative positioning for the Evans osteotomy
    - Understand the indications for combined approach for PTTD
    - Describe the lack of a role for FDL in PTTD reconstruction
    - Total estimated time 20 minutes.
- **Addressing the Deltoid Ligament for PTTD** – After attending this lecture, attendee should be able to:
    - Describe the anatomy of the deltoid ligament
    - Understand the different components of stage IV PTTD
    - Understand the clinical and radiological diagnosis of stage IV PTTD
    - Understand the surgical decision making options for the various components of stage IV PTTD
    - Describe the relationship between triple arthrodesis and ankle valgus
    - Total estimated time 20 minutes.
- **Locations for Harvesting Autograft** – This lecture examines the locations to harvest bone autograft for the foot and ankle surgeon. Estimated time 15 minutes.
- **Techniques for Harvesting Autograft** – This lecture examines the techniques to harvest bone autograft for the foot and ankle surgeon. Estimated time 15 minutes.
- **Please Stop Cutting the Plantar Fascia** – After attending this lecture, attendee should be able to:
    - Understand the anatomy of the plantar fascia
    - Describe the biomechanics of the medial arch
    - Describe the biomechanics of the 1<sup>st</sup> ray
    - Describe the relationship between equinus and the plantar fascia
    - Understand the benefits of gastroc recession for plantar fasciitis compared to plantar fascia release
    - Total estimated time 30 minutes.
- **Equinus Management for Improved Patient Outcomes** – After attending this lecture, attendee should be able to:

- Understand proper clinical examination for equinus deformity
  - Understand the definition of equinus
  - Understand the frequency of equinus and pathologies related to equinus
  - Describe the biomechanics of the medial arch and 1<sup>st</sup> ray
  - Understand the role of conservative care for equinus deformity
  - Total estimated time 30 minutes.
- **The Death of the Austin Bunionectomy** - After attending this lecture, attendee should be able to:
    - Understand the pathogenesis of hallux abducto valgus
    - Understand 1<sup>st</sup> ray biomechanics
    - Understand and describe the mechanical axis of the 1<sup>st</sup> ray
    - Describe deformity correction principles
    - Understand long term follow-up per literature for the Austin bunionectomy and recurrence rates of the Austin bunionectomy
    - Understand and describe the triplane components of hallux abducto valgus and how the Lapidus procedures is the only option for fully address all three components
    - Total estimated time 30-45 minutes.
- **Equinus in the Pediatric Patient** – This lecture examines the definition of equinus, the frequency of equinus, pathological conditions associated with equinus, the biomechanics of the medial arch, the biomechanics of equinus, the effects of static stretching on the muscle-tendon unit, how long Achilles tendon stretching should be done daily, the effect of stretching on ankle joint range of motion, the importance of subtalar position during stretching, the methods of stretching the Achilles tendon, unilateral vs. bilateral stretching, examines the different options of surgical treatment of equinus deformity with a literature review and recommendation of preferred choice. Estimated time 45 minutes.
- **Hammer Digit Syndrome: An Evidence Based Approach** – After attending this lecture, attendee should be able to:
    - Define the different types of digital deformities
    - Describe the biomechanics of hammer digit syndrome
    - Describe the non-surgical treatment of hammer digit syndrome
    - Describe the various surgical treatments of hammer digit syndrome including fixation options
    - Understand the potential complications associated with hammer digit syndrome
    - Total estimated time 30 minutes.

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## PUBLICATIONS AND PAPERS

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- DeHeer, PA: Basketball Shoes, Coach and Player, June 1989.
- DeHeer, PA: Nothing but Net, Podiatry Today, May 1987.
- DeHeer, PA: Sports Medicine and Orthotics, Podiatry Today, July/August, 1998.
- DeHeer, PA, Lundeen, RO: Chapter 27 Arthroscopy and Endoscopy pp.605-64. Subotnick, SI: Sports Medicine of the Lower Extremity. 2nd ed. Churchill Livingstone, New York, 1999.
- DeHeer, PA, Elliott, BG, Harrod, JS: Posterior Calcaneal Pain, Podiatry Today, October 2000.
- Burks, JB, DeHeer, PA: Tarsal Tunnel Syndrome Secondary to an Accessory Muscle: A Case Report, Journal of Foot and Ankle Surgery, November/December 2001.
- DeHeer, PA: Are 1st MPJ Implants Worth the Hype- Counterpoint, Podiatry Today, January, 2002.
- DeHeer, PA, Offutt, SM: Conquering Achilles Tendonitis in Athletes, Podiatry Today, November, 2002.
- DeHeer, PA: Forefoot Applications of External Fixation. Clinics in Podiatric Medicine and Surgery 2003; 20:27-44.
- DeHeer, PA, Offutt, SA, Trent, GA, Baker, MJ: Counter Point to Extracorporeal Shockwave Therapy: Hope or Hype, Podiatry Today, November 2003.
- Burks, JB, DeHeer, PA: Triple Arthrodesis. Clinics in Podiatric Medicine and Surgery 2004; 21:203-226.
- DeHeer, PA: Counterpoint to Early Weight bearing After Lapidus: Is It Possible? Podiatry Today, August, 2004.
- Offutt, SM, DeHeer, PA: How to Address Baxter's Nerve Entrapment. Podiatry Today, November, 2004.
- DeHeer, PA, Offutt, SM: Counterpoint to Nerve Decompression in Diabetic Patients: Should It Be Done? Podiatry Today, June, 2005.
- DeHeer, PA: Maximizing Orthotic Success with Basketball Players. Podiatry Today, April, 2006.
- DeHeer, PA: Counterpoint to Intermetatarsal Neuromas: Is Neurectomy the Best Option? Podiatry Today, August, 2006.

- DeHeer, PA: The Case Against First Metatarsal Phalangeal Implant Arthroplasty. *Clinics in Podiatric Medicine and Surgery* 2006; 23: 709-724.
- DeHeer, PA, Mardis, D: How to Treat Overuse Injuries in Athletes. *Podiatry Today*, October, 2007.
- Duckworth, AL, Husain, J, DeHeer, PA: Elephantiasis Nostras Verrucosa or “Mossy Foot Lesions” in Lymphedema Praecox. *Journal of the American Podiatric Medical Association*, Jan/Feb, 2008; 91:1; 66 – 69.
- DeHeer, PA, Achramowicz, E: Can Locking Plates Improve 1<sup>st</sup> MPJ Fusions? *Podiatry Today*, May, 2009.
- Essential Pearls on Effective Orthotic Modifications. *Podiatry Today*, June 2009.
- DeHeer, PA, Achramowicz, E: Keys to Preventing Complications with Subtalar Joint Implants. *Podiatry Today*, January 2010.
- DeHeer, PA: Is the Weil Osteotomy Overused by DPMs? Yes. *Podiatry Today*, June 2010.
- DeHeer, PA, Taulman, J: A Guide to Conservative Care for Adult Flatfoot. *Podiatry Today*, January 2011.
- DeHeer, PA: Commentary on Progression of Peripheral Arterial Disease Predicts Cardiovascular Disease Morbidity and Mortality. *Foot & Ankle Quarterly*, 22: 68-70, 2011.
- DeHeer, PA, Borer, B: Managing Equinus In Patients With Diabetes. *Podiatry Today*, May 2012.
- DeHeer, PA: Understanding Equinus. *Podiatry Management*, September 2012, 157-168.
- DeHeer, PA, Higgins, K: Current Concepts in Algorithm for Plantar Fasciitis. *Podiatry Today*, November 2012, 25:48-54.
- DeHeer, PA, Catoire, SM, Taulman, J, Borer, B: Ankle Arthrodesis: A Literature Review. *Clinics in Podiatric Medicine and Surgery* 2012; 29: 509-527.
- DeHeer, PA, Groh, C: Pertinent Insights on Ankle Arthroscopy. *Podiatry Today* 2013, 26:48-54.
- DeHeer, PA: Is PRP Beneficial for Chronic Plantar Fasciitis? No. *Podiatry Today*, June 2013, 26:32-38.

- Haspel, M. with contribution on round table by DeHeer, PA: Art and Science: Prescribing, Fabricating, and Dispensing Orthotics. *Podiatry Management*, September 2013, 109- 122.
- Warnock, AM, Raducanu, R, DeHeer, PA: Lower Extremity Pediatric History and Physical Examination. *Clinics in Podiatric Medicine and Surgery* 2013; 30: 461-478.
- DeHeer, PA, Warnock AM: Key Insights on Conservative Care of Adult Flatfoot. *Podiatry Today*, January 2014, 27:54-60.
- DeHeer, PA, Perron, TM, Scott, AS, Wilkins, KE. The Neglected or Undercorrected Clubfoot: Retrospective Study Utilizing a Horizontal Talar Osteotomy. *Foot and Ankle Quarterly*, Summer 2014, 25:2 57-62.
- DeHeer, PA, Christie, DH. Ponseti Management of Clubfoot After Walking Age Commentary. *Foot and Ankle Quarterly*, Summer 2014, 25:2 78-80.
- DeHeer, PA, Higgins, K. Management of Congenital Talipes Equinovarus Using the Ponseti Method. A Systematic Review Commentary. *Foot and Ankle Quarterly*, Summer 2014, 25:2 84-86.
- Borer, B, DeHeer, PA. Bracing in the Treatment of Children with Clubfoot: Past, Present and Future Commentary. *Foot and Ankle Quarterly*, Summer 2014, 25:2 99-101.
- DeHeer, PA, Christie DH. Conservative Efforts for Congenital Talipes Equinovarus Audio Commentary. *Foot and Ankle Quarterly*, Summer 2014, 25:2 102-104.
- DeHeer, PA. Point-Counterpoint: Is Ankle Arthrodesis a Better Option Than Total Ankle Replacement? *Podiatry Today*, October 2014, 27:10.
- DeHeer, PA, Parvez F. Current Concepts in Treating Flexible Flatfoot in the Older Adolescent. *Podiatry Today*, November 2014, 27: Online Exclusive.
- DeHeer, PA, Grebenyuk, FR, Yeager, D. Assessing Talectomy for Charcot Ankle Deformity. *Podiatry Today*, March 2015, 28:3.
- DeHeer, PA, Wavrunek, M, Hamilton, M. A Guide To Conservative Treatment Of Achilles Tendinopathy. *Podiatry Today*, November 2015, 28:11.
- DeHeer, PA, Leshikar A. Current Insights On the Surgical Treatment of Pediatric Polydactyly. *Podiatry Today*, February 2016, 29:2.
- DeHeer, PA, Leshikar A, Patel, S. Keys to Diagnosing and Treating Plantar Keratosis. *Podiatry Today*, June 2016, 29:6.



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## VOLUNTEER ACTIVITIES

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- Gennesart Homeless Foot Clinics, Indianapolis, IN- 1990 to 1992
- Shoe Drive for Muncie Mission, Muncie, IN- 1997
- Riverview Hospital Low Income Clinic, Noblesville, IN- 2000 to present
- Trinity Free Medical Clinic, Carmel, IN - 2000 to present
- Shoes for the Needy Drive, Carmel, IN - 2000
- Honduras Medical Mission with Christ the King Church, Trujillo, Honduras – 2002
- Honduras Medical Mission with Christ the King Church, Trujillo, Honduras – 2003
- Haiti Medical Mission, Leogane, Haiti – 2003
- Haiti Committee Our Lady of Mount Carmel, Carmel, IN – 2003, 2004
- Honduras Medical Mission with Christ the King Church, Trujillo, Honduras – 2004
- Haiti Mission Trip with Timmy Foundation, Port-au-Prince, Haiti – 2004
- Haitian Clubfoot Project – Project Medical Director, 2004
- Haiti Medical Mission with Mercy and Sharing Foundation, Port-au-Prince, Haiti - 2004
- Rivne and Vinnystia, Ukraine with The Ukraine Special Needs Orphanages Fund - 2005
- Erbil, Iraq Medical Mission Trip Hawler Medical School – 2005
- Erbil, Iraq Medical Mission Trip Hawler Medical School – 2006
- Port-au-Spain, Trinidad Medical Mission with Sports and Rec Plus – 2006
- Haiti on behalf of CURE International for the Haitian Clubfoot Project, Port-au-Prince and Jacmel, Haiti – 2006
- Haiti on behalf of CURE International for the Haitian Clubfoot Project, Port-au-

Prince, Haiti – 2007

- Haiti on behalf of CURE International for the Haitian Clubfoot Project, Port-au-Prince, Haiti – 2007
- Haiti on behalf of CURE International for the Haitian Clubfoot Project, Port-au-Prince, Jacmel, Deschapelles Haiti – 2008
- Haiti on behalf of CURE International for Haitian Clubfoot Project, Port-au-Prince, Jacmel, Cange Haiti – 2009
- Haiti on behalf of CURE International for Haitian Clubfoot Project, Port-au-Prince, Haiti – 2009.
- Haiti on behalf of Wound Care Haiti for World Diabetes Day, Port-au-Prince, Haiti – 2009.
- Haiti for Earthquake Relief on behalf of Project Medishare, Port-au-Prince, Haiti – January 2010.
- Haiti on behalf of Project Medishare, Port-au-Prince, Haiti, Bernard Mevs Hospital – October, 2012.
- Haiti on behalf of Project Medishare, Port-au-Prince, Haiti, Bernard Mevs Hospital – April, 2013.
- Haiti on behalf of Project Medishare, Port-au-Prince, Haiti, Bernard Mevs Hospital – October, 2013.
- Haiti on behalf of Step By Step Haiti. Port-au-Prince, Haiti, Bernard Mevs Hospital and FHADIMAC – July 2014.
- Haiti on behalf of Step By Step Haiti. Port-au-Prince, Haiti, Bernard Mevs Hospital and FHADIMAC – August 2015.

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## REFERENCES

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- Available on request